

International Student Newsletter - September 2018



Croeso i Fangor! Welcome to Bangor!

Welcome to all our new students, and welcome back to our returning students. We hope you had a good Summer and that you are looking forward to the new academic year—we know we are!

This is our monthly newsletter for international Students, their families and staff. The newsletter gives an overview of what's happening in the University, in the local area and other useful information. We hope you enjoy your time in Bangor, we will do our best to help you get the most of your Bangor Experience! We look forward to seeing you at our regular social activities, **Best Wishes from Alan and Marcel.**



One World Gala 2019

Every spring, the International Student Support Office hosts the One World Gala, which has become an important date in Bangor University's calendar. This event presents an excellent opportunity for students and staff from all over the world and the UK to showcase their **talents and culture**, and, of course, to make new friends in the process. One World Gala also raises money for charity during the event.

Previous years' acts included belly-dancing, a Welsh choir, Chinese opera, an Afro-Caribbean fashion show, a Bollywood dance medley and a traditional Japanese act, to name a few!

International Student Ambassadors

Starting university can be a daunting experience to say the least but for you, as international students, we realise you also have to adjust to a new culture and surroundings and in many cases face the challenge of adjusting to a new language. We strongly believe in looking after you during your time at the University and we aim to make sure that everyone is made to feel welcome and settles in with ease. That's why we have over 20 International Student Ambassadors whose role is to provide advice and support for all international students at the University.

More details about how to contact the Ambassadors at:

www.bangor.ac.uk/international/studentprofiles/ambassadors



Whatever your talent is, we want to hear from you!

The event will take place on the 15 March, but rehearsals will begin in the Winter, so if you are interested in taking part get in touch on

internationalsupport@bangor.ac.uk or come see us in our office in Rathbone.

HOW TO CONTACT THE INTERNATIONAL STUDENT SUPPORT TEAM:

Website: www.bangor.ac.uk/international/support

Email: internationalsupport@bangor.ac.uk Telephone: 01248 382882

www.facebook.com/BangorUniversityInternational www.instagram.com/bangorinternational

#Bangorinternational

Photos: D
nic Wode



Internationals GO GREEN



Let's show the World that Bangor Internationals care about Planet Earth!

At the International Student Support Office we have put together a project - **Internationals Go Green** - consisting of a series of trips and events aimed at raising awareness on environmental issues, sustainability and wellbeing among international students. With this project, we will help local communities and will promote ways to ensure a greener present and future not only in Wales but also worldwide, whilst making our bit for Bangor University to become The Sustainable University.

But to do so, we need your help! Have a look at some of the activities we have prepared for this year in collaboration with other University Departments and Local Organisations. Make sure you join our Green Adventures around North Wales to learn, to make a

difference and to work together towards a fairer, better and greener future for all!

November

- Litter Pick with *UNDEB Opportunities* = 3th Nov

December

- Sorting Winter clothes for Syrian refugees with *Pobl i Bob!* = Date TBC

February

- Sustainability Carnival! with *Bangor University Sustainability Lab* = 1st-28th February

March

- Beach Clean with the *North Wales Wildlife Trust* = 23rd March

April

- Dawn Chorus Explorers with the *North Wales Wildlife Trust* = 13th April



The Sustainability Lab

Get Involved with Sustainability@Bangor

– your ideas, your university, your planet – join in and make it happen!

"Bangor University's Sustainability Lab is the focal point for Sustainability at Bangor. Our big ambition is that the news spreads far and wide that sustainability is something everybody can get involved with, not just a few enthusiasts. To do that we need as many people as possible to join in – would you like to be one of them?"

There are many ways to get involved. We will be at Serendipity – come and find us and find out more about our work. We have [Sustainability Think Tanks every month](#) with a lively programme for 2018/19. UNDEB, the Students' Union, takes Sustainability very seriously and you can get in touch with [Ruth Plant](#) the President or [Muhammad Firdaus](#) to find out how you can get involved with the activities there. [The Halls](#) and [Campus Life Teams](#) are full of great ideas – look out for our [Waste Awareness Week 1-5 October](#) and other campaigns throughout the year.



How about joining our Internationals Go Green activities (see above) and if you already know what you want to do to help Bangor become more sustainable, tell Marcel Clusa at the International Student Support Office, or [visit our Sustainability@Bangor website to find out more.](#)"

UNDEB Bangor - Students' Union

"We are Undeb Bangor, Bangor's Students' Union. We can't wait to welcome you to Bangor during Welcome Week 2017. Our Students' Union Heroes will be here to greet you from the 12th of September and help you move in to your new halls of residence.

Look out for Serendipity (19th and 20th of September in PJ Hall) during Welcome Week; over 2 days we'll be giving you the chance to join over 100 societies, over 50 sport clubs and over 30 volunteering projects. There will even be some local businesses who'll be there looking to give you some freebies. Undeb Bangor's work doesn't stop at Welcome Week, we work tirelessly during the year to give students the best representation.

Undeb Bangor Council exists to debate ideas in relation to Undeb Bangor policy (e.g. its strategic and future direction), national and/or local campaigns or political activity, ideas in relation to activities or student opportunities that Undeb Bangor facilitate, or for the development and improvement of the student experience.

Undeb Bangor want to be relevant to international students and so have a specific place for International Students on the Council. Put your name forward to be the next international representative through www.undebbangor.com/elections. Nominations open on the 17th of September!

You can also directly impact the student academic experience on your course by running to be a course rep. Nominations also open on the 17th of September!



A message from your VP for Societies and Volunteering

Croeso i Gymru! Welcome to Wales!

"My name is Muhammad Firdaus, I am your Vice-President for Societies & Volunteering this year, and I come from Singapore. Although I've graduated with a BA Linguistics (Hons) and now work full-time in the Undeb Bangor Student's Union, I too am an international student!

International students in Bangor have a unique experience – we come from all over the world, to study many different courses, at all levels of expertise, for all kinds of reasons, and many of us have sacrificed a lot of our time, effort and money just to be here. Whether you're a postgraduate or a brand new 'Fresher', the most important thing I would like to say is: You are not alone.

Whatever your nationality, culture, faith or interests, there is a community here for you. Don't believe me? Come to our Serendipity Fresher's Fair (19 & 20 September) and have a look!

Want to make new friends? Come to our Meet & Mingle session (15 & 16 September, 5 - 7 pm, Pontio level 4)!

You can achieve anything here if you try, and I am here to help you achieve.

Who knows? You could be in my position someday, too!"

muhammad.firdaus@undebbangor.com



Walk&Talk - Meet new people, de-stress and explore the area!

"Do you feel like you would like some company, someone to talk to or are just in the mood to explore the local surroundings?"



Connect@Bangor and Walk&Talk are student led volunteering projects and are great way to do that.

Whether you face barriers when engaging in student activities or need some general support, Connect@Bangor is here to help. Some students feel more comfortable joining clubs and societies, as well as going shopping, visiting their GP, or going to the gym with someone else. All you need to do is fill in an online form through UNDEB Bangor and you can ask for this service anytime throughout the academic year.

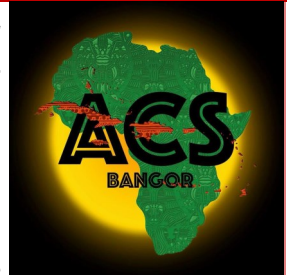
Whether you are looking for a more open and refreshing way to meet new people, de-stress or to just walk and have a chat in good company, Walk&Talk provides this. We organise weekly walks around Bangor, accessible to all students. If you'd like to join us, feel free to show up on the day - no sign up is needed!

Our walks leave in front of Pontio main doors on the ground doors at 4pm every Wednesday and Friday."

A message from The Afro-Caribbean Society

"The Bangor African and Caribbean Society strives to celebrate and embrace our multi-faceted cultures. We aim to support our ethnic minority members during their time at our university. In doing so, we hope to create a sense of belonging whilst also encouraging members to excel in every aspect of their lives.

Bangor ACS want to help our members realise their potential by believing in everyone's abilities and we would love our members to reciprocate this kind of empowerment to one another. Support dreams, encourage ideas, be motivated and determined within yourself, embrace your strengths- have the confidence to know that you can reach your goals and influence others to do the same.



Another thing we really want to do is educate our members. Through a series of different events whether it's our discuss nights, our trips, movie nights and documentary screenings and just general meet ups. There are copious amounts of things we can learn from each other regarding our history, how our cultures differ, our lifestyles, hair routines... anything about our uniqueness- the possibilities are endless.

Finally, we hope that through participation in the society and its activities, our members can elevate to a higher self by forming friendships, engaging in thought-provoking discussions and debates, acquire a better understanding and awareness of self and of the world around us and actively seek to improve their well-being, whether mental, emotional or physical.

Grab a copy of our calendar at Serendipity to view our upcoming events and follow us on our social medias to keep up with everything ACS related."

Facebook: Bangor University ACS

Twitter: BangorUniAcs

Instagram: Bangoracs

Snapchat: Acsbangor



The International Students' Society welcomes you!

"Starting afresh, the Bangor International Students' Society (BISS) wants to invite all new and returning students to our regular events and sessions this year.

Our society is a good starting point to chat and mingle, or just as a first contact point for any questions or help you might need. Our Facebook page is always tingling with news and queries from all over Bangor.

Either with events being advertised from the International Education Centre, other international societies, or various projects and trips that get offered around Bangor; or with questions and news from new and old members here at Bangor.

If you're interested in exploring the area and want to get connected to many international students come and join our events.

All people are invited, even if from the UK! Come and check us out at Serendipity to meet the committee, sign up over UNDEB (free!) or get updated about our events over Facebook or email (sign up at Serendipity). We've already got many exciting cooking sessions, out-door events, cultural and social events planned that you might want to come to!"



Kuwaiti Students in Bangor

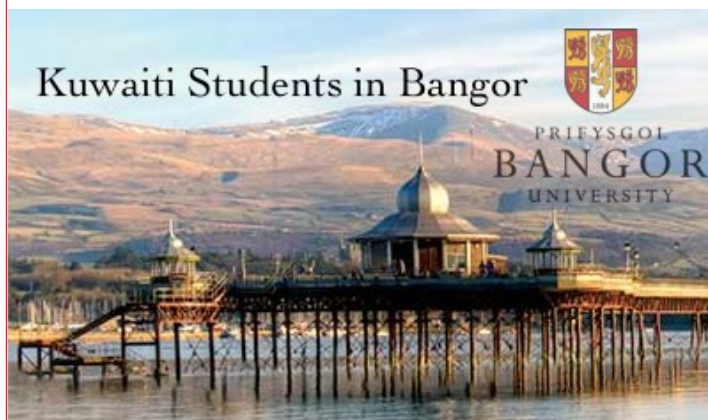
"The *Kuwaiti Students in Bangor* Society was established in Bangor University in 2016.

It is an independent club who cares about Kuwaiti students and Kuwaiti culture. It is also the duty of the club to introduce the new students to the current students and help them find suitable accommodation for them.

The society organises events for the students which include paintball, annual dinner, weekly gathering, weekly sport events and traditional Kuwaiti celebrations like Gargee'an (Similar to Halloween and we celebrate it in the middle of Ramadan) and Kuwait National and Liberation day. As a Kuwaiti Society, those celebrations and events are held in the Bangor city centre to let the locals and other students from different countries and cultures to join us and celebrate with us. For more information please follow us on our social media channels."

<https://www.kuwbangor.com/about>

Instagram - Twitter - Snapchat: @KuwBangor



Thinking about your Employability?

Come along to **Manchester University's Big Careers Fair**: 9th & 10th October, 2018!

The Skills & Employability Service at Bangor University is organising a coaches to this event.

Choose which day has the sectors relevant to you:

Day 1 - Tuesday 9 October 2018 10:30am - 4pm

For graduate jobs, student internships and placements in consultancy, HR, retail management, finance, marketing and more...

Day 2 - Wednesday 10 October 2018 10:30am - 4pm

For graduate jobs, student internships and placements in engineering, science and technology.

Further information about the fair is here: <http://www.careers.manchester.ac.uk/events/bigcareersfair/>
Entry to the fair is free.

Tickets for the bus are **£10** per person and can be purchased through the Online Shop here: <https://bit.ly/2LJviXG>

If you have any questions please contact The Skills & Employability team at careers@bangor.ac.uk or call 01248 382071



www.marksoutofTENANCY.com



**RATE YOUR LANDLORD,
LETTING AGENT, RENTAL
PROPERTY AND NEIGHBOURHOOD**
*Don't settle for anything
less than you deserve*



UNDEB
BANGOR

WORKING WITH



HEAR: Recognition for your University Activities and Achievements

When you graduate, in addition to your degree certificate, you will be presented with a comprehensive transcript of everything (that Bangor University recognises) that you have achieved academically, or been involved with throughout your time as a student, including any extracurricular activity that has been verified by the University (e.g. peer guiding, societies, SVB volunteering).

This transcript is called a HEAR - Higher Education Achievement Report. Its main purpose is to allow your strengths to be clearly defined and distinguished, whilst providing easy access, for both you and any prospective employers, to a secure electronic record of Bangor University-related achievements.

You can record all of your activities for the HEAR by using the My Employability Hub page on MyBangor. Through this system, you can also take part in the Bangor Employability Award.

For more information on the BEA, or to find out how you can get started, log into <http://apps.bangor.ac.uk/bea>



Employability Event for International Students

Gwasanaeth
**Gyrfaedd a
Chyflogadwyedd**



**Careers &
Employability
Service**



EMPLOYABILITY EVENT FOR INTERNATIONAL STUDENTS

Find out how the University can help you to make yourself employable, find work experience, voluntary work and employment to boost your CV/resume

Wednesday 03 October 2018

13:00-15:00

Main Arts LR4

13:00-13:05	Introduction	Alan Edwards - Head of International Student Support
13:05-13:15	Introduction to the Careers & Employability Service	Chris Little Head of Careers & Employability
13:15-13:30	Advice and resources to help you gain career success <ul style="list-style-type: none"> • Employability in your academic school • Online resources on My Employability Hub • Bangor Employability Award (BEA) and Higher Education Achievement Report (HEAR) 	Mari Price, Employability Development Team
13:30-14:00	Get involved with B-Enterprising: A fun and interactive session to give you a taste of how you could improve your enterprise skills. This activity will be facilitated by Chris Walker, a Bangor University graduate and an international business consultant, entrepreneur, and start-up mentor.	B-Enterprising Team and Chris Walker
14:00-14:15	Work Experience in the UK: <ul style="list-style-type: none"> • Finding part time work, work experience and voluntary work • Etiquette in the UK workplace 	Pam Edwards Employability Adviser
14:15-14:30	Volunteering through Student Volunteers Bangor (SVB)	SVB Team
14:30-14:50	International Student Ambassadors <ul style="list-style-type: none"> • how to get involved at university and find work experience 	International Ambassadors
14:50-15:00	How the International Office (IEC) can help you	Alan Edwards - Head of International Student Support

Student Housing Office

Need help finding the right student house for you and your friends? Or just need some housing guidance?

Visit www.bangorstudentpad.co.uk or just pop in and see us!

Bangor University Student Housing Office



Are you an EU student? Have you applied for your tuition fee loan yet?

If you haven't then you should apply as soon as you possible.

NEW Students - EU students starting your studies this month need to complete a EU18N form can be download using this link: http://media.slc.co.uk/sfe/1819/eu/eu_eu18n_form_1819_o.pdf



All CONTINUING EU students need to complete a EUPR1a form which can be downloaded using this link: http://media.slc.co.uk/sfe/1819/eu/eu_eupr1a_form_1819_o.pdf

Completed forms should be sent to Student Finance Service – EU Team in Darlington to be processed.

If you have any queries and need help with the application form call into the Money Support Unit for help:

Money Support Unit: open 9 – 5 Monday to Friday

Email: moneysupport@bangor.ac.uk

Study Skills Centre

We offer 1–2–1 writing appointments, workshops, and Maths and Stats support.

To arrange an appointment for [1-2-1 Writing appointments](#) or for [Maths and Stats support](#) visit our website.

Why not attend one of our free, interactive workshops this semester. [Visit our website to reserve your place.](#)

For further information or advice contact us:

Website: www.bangor.ac.uk/studyskills

Email: Studyskills@bangor.ac.uk

Telephone: 01248 38 2689

Or search for us on [Facebook](#) and [Twitter](#).

STUDY SKILLS CENTRE
HELPING YOU GET THE MOST OUT OF YOUR STUDIES

- Individual writing and study skills appointments
- Maths and Statistics appointments and drop-in
- Writing, research and exam skills workshops
- PhD writing groups
- Online study guides

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STUDENT SERVICES

Email: studyskills@bangor.ac.uk
Phone: 01248 382689
Facebook: /BU Study Skills Centre
Twitter: @studyskills_BU
BANGOR.AC.UK/STUDYSKILLS



Croeso!

Welcome Survey

OPEN 24 SEPTEMBER - OCTOBER 12

... check your email to take part

The Croeso Survey is your chance to tell us about your initial experiences with Bangor University. We want to know what you think: from application stage, through to your arrival, registration, and Welcome Week, including the host of activities, support and events on offer.

We want to know what we did well, what you enjoyed, and where we can improve for next year's students

If you would like to take part in the survey in an alternative format please contact studentengagement@bangor.ac.uk

WEDNESDAY
OPEN 10:00PM
Academi

NU NIGHT
THE OFFICIAL CAMPUS LIFE CLUB NIGHT

PAINT PARTY

» £1.50 PINTS CARLSBERG, SOMERSBY & SNAKEBITES
» 2 FOR £3 SELECTED BOTTLES
» SHOTS & BOMBS FROM £1.50

19.09.18

TICKETS £2 |||| £3 ON THE DOOR |||||

FREE ENTRY BEFORE 12 WITH CAMPUS LIFE SELECT WRIST BAND | £1 ENTRY ALL NIGHT WITH SPONSORSHIP CARDS

Student Safety

"Hello and welcome to Bangor! We are your Bangor University Policing team and we hope you enjoy your time whilst studying at the University.

Bangor is one of the safest areas in the country and it is important to us that your time as a student is an enjoyable, successful and safe experience. If, during your time at the University, you require our support or advice then we are happy to help you!

If you see us about then please say hello or you can drop in to our office in the Main Arts Library (next to the Santander). We can also be contacted in the following ways:

Telephone: 01286 670924

Email:

BangorUniversity.PolicingTeam@nthwales.pnn.uk

Twitter: [NWPBangorUniPolice](#)

Facebook: [NWP Bangor University](#)



HEDDLU GOGLEDD CYMRU
Gogledd Cymru diogelach
NORTH WALES POLICE
A safer North Wales



Our Inclusive University Community

"With students coming from all over the world and from very different backgrounds, Bangor University aims to create an environment for you to live and study that ensures you can be yourself, take advantage of every opportunity and reach your full potential.

At Bangor, you will meet people from every imaginable community. Your fellow students will be interesting, creative and thought provoking. They will have different opinions to you and may challenge how you see the world. Through the shared experiences of university life, we seek to ensure that all students can embrace their diverse community and learn as much as possible during their time at Bangor.

Our commitment to equality and inclusivity is more than just policy. We make our commitment an everyday practice to ensure that you feel welcome, respected and valued and have equal access to support services.

Our Student Equality and Diversity Officer can provide information about the ways in which we maintain and enhance Bangor's inclusive community including signposting to support and advice should you need it. Information about everything we do can be found on our website www.bangor.ac.uk/inclusive-community

Student Equality and Diversity Officer

Located within the Student Support Team in Student Services, the Student Equality and Diversity Officer focuses on implementing best practice across the university in the prevention of and support for all forms of student harassment and is a central specialised contact of support for students."

Student Equality and Diversity Officer - Helen Munro
First Floor, Rathbone, College Road, Bangor, LL57 2DG

Email: h.munro@bangor.ac.uk

Tel: 01248 388021



Welsh Courses for Beginners!



dysgucymraeg.cymru
learnwelsh.cymru
Gogledd Orllewin
North West



**Dysgwch Gymraeg
efo ni —
Learn Welsh
with us**



Gogledd Orllewin
Cyrslau / Courses

01248 383928
dysgucymraeg@bangor.ac.uk



Llandrillo
Menai



CYMRAG
Dysgu
Learn

Languages For All

Languages for All offers a range of evening classes in six languages: *French, German, Italian, Spanish, Chinese (Mandarin) and Japanese.*

These courses are designed to cater for a variety of levels, from beginners to learners who may want to brush up rusty language skills and/or continue from GCSE/A-level studies. Subject to availability, students may take one **FREE** module per semester. Each module consists of two taught hours per week, over 10 weeks; all classes take place in the evenings, from 6-8pm.

How do I enrol on a module?

Please see the full information leaflet at www.bangor.ac.uk/ml/EveningClasses.php.en, and download, complete and return the enrolment form by email to languagesforall@bangor.ac.uk



Free English Classes

**ELCOS
ICE
Free English Classes**



**Students
partners husbands
wives friends family**

Who?

Beginners Intermediate Upper Intermediate

What?

On Mondays Wednesdays Thursdays

9.30 a.m. to 1 p.m.

When?

At

**Rathbone Dining Hall
College Road**

Where?

In-class crèche:
Volunteers to look after your children.

What's On

October Trips & Events

Liverpool and the Beatles

Saturday 6th October

£15 adult / £10 child
(extra £10 for the Beatles Story Museum)



Conwy: Castle & Conwy Feast

Saturday 27th October

£8.50—£15.50

This is one of our 'D.I.Y. Trips' please check
www.bangor.ac.uk/international/support/diytrips



Halloween Spooky Night

Wednesday 31st October

6.30pm, Halls of Residence, Free

